








We Walk to Feel Fitter



Killin

Date	Meeting at 10.20am	All Routes: Walk from 15min – 1hour	
4/4/18	Capercaillie	Kinnell Circuit	
11/4/18	McLaren Hall Car Park	Kenmore (car share)	
18/4/18	McLaren Hall Car Park	Mhor 84 (car share)	
25/4/18	Capercaillie	River Dochart / Old Railway	
2/5/18	McLaren Hall Car Park	Glen Ogle to Viaduct (car share)	
9/5/18	McLaren Hall Car Park	Golf Club Walk (car share)	
16/5/18	McLaren Hall Car Park	Tyndrum River Walk (car share)	
23/5/18	Capercaillie	Craignavie Road	
30/5/18	McLaren Hall Car Park	Glen Lochay (car share)	

No need to book, just turn up | social time after the walk in a café (optional)

For more information contact: Walk in the Park Project Coordinator

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Walk in the Park welcomes people living with dementia and their carers on our walks. Routes identified with this logo are suitable for most abilities.

