

We Walk to Feel Fitter



Aberfoyle

Date	Meeting at 10.20am	All Routes: Walk from 15min – 1hour
2/4/18	Woollen Mill Car Park	Loch Ruskie (car share)
9/4/18	Woollen Mill Car Park	Lemahamish and Cobbleland
16/4/18	Woollen Mill Car Park	NCR7 to Rob Roy + loop 
23/4/18	Woollen Mill Car Park	Lodge Forest Visitor Centre (car share) 
30/4/18	Woollen Mill Car Park	Gartmore House (car share)
7/5/18	Woollen Mill Car Park	Loch Ard (car share)
14/5/18	Woollen Mill Car Park	Loch Katrine (DRT or car share) 
21/5/18	Woollen Mill Car Park	Lodge Forest Visitor Centre (car share) 
28/5/18	Woollen Mill Car Park	Balleich + Loop 45min or 70 min – you choose! 

No need to book, just turn up | social time after the walk (optional)

For more information contact: Walk in the Park Project Coordinator

Cathy Scott: cathy.scott@lochlomond-trossachs.org tel. 07852 334272



Walk in the Park welcomes people living with dementia and their carers onto our walks. Routes identified with this logo are suitable for most abilities.

