



We Walk to feel fitter

Come and join us on **Thursday Mornings**
Walk in the Park **Drymen & Croftamie**

Date	Meeting Place	Route
25/01/18 10.20am	Drymen Village Square, outside The Winnock Hotel	NCR7 Car-share to Croftamie
01/02/18 10.20am	Drymen Village Square, outside The Winnock Hotel	Home Buchanan Farm
08/02/18 10.20am	Drymen Village Square, outside The Winnock Hotel	High Mains Walk Car-share to Buchanan Golf Course
15/02/18 10.40am Walk Start time 11.00am	Drymen Village Square, outside The Winnock Hotel	Garadhban Forest Walk Car-share to Garadhban Forest Car Park <i>Please note this is a joint walk with Active Stirling. Please note this walk will be filmed by a intern from Paths for All.</i>

For more information contact Lomond Coordinator Fran Crumley 07747038008
fran.crumley@lochlomond-trossachs.org Registered Scottish Charity No: SC043266 Company Limited by Guarantee : 422457



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Date	Meeting Place	Route
22/02/18 10.20am	Drymen Village Square, outside The Winnock Hotel	Red Bridge Walk Car-share to Buchanan Golf Course
01/03/18 10.20am	Drymen Village Square, outside The Winnock Hotel	Buchanan Castle Walk Car-share to Buchanan Golf Course
08/03/18 10.20am	Drymen Village Square, outside The Winnock Hotel	Tullycross Walk Car-share to Croftamie
15/03/18 10.20am	Drymen Village Square, outside The Winnock Hotel	NCR7 Car-share to Croftamie
22/03/18 10.20am	Drymen Village Square, outside The Winnock Hotel	High Mains Walk Car-share to Buchanan Golf Course
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