

We Walk to Feel Fitter



Killin

Date	Meeting at 10.20am	All Routes: Walk from 15min – 1hour
6/12/17	Capercaillie	Village Walk 
13/12/17	Capercaillie	Craignavie Road Followed by Christmas Lunch at Noon in the Capercaillie – Please pre-order your lunch
Winter Break		
17/1/18	McLaren Hall Car Park (car share)	Moirlanich Longhouse 
24/1/18	McLaren Hall Car Park (car share)	Golf Club Walk After refreshments walkers are invited to join the Walk Leaders to plan ahead for the coming year. Come along with ideas and comments about your walking group. 
31/1/18	Capercaillie	River Dochart / Old Railway 

No need to book, just turn up | social time after the walk in a café (optional)

For more information contact: Walk in the Park Project Coordinator

Cathy Scott: cathy.scott@lochlomond-trossachs.org tel. 01877 330055



Walk in the Park welcomes people living with dementia and their carers on our walks. Routes identified with this logo are suitable for most abilities.

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