



**We Walk to feel fitter**  
 Come and join us on **Thursday Mornings**  
 Walk in the Park **Drymen & Croftamie**

Date	Meeting Place	Route
09/11/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Tullycross Walk Car-share to Croftamie
16/11/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Home Buchanan Farm
23/11/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Garadhban Forest Walk Car-share to Garadhban Forest Car Park
30/11/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Buchanan Castle Walk Car-share to Buchanan Golf Course



For more information contact Lomond Coordinator Fran Crumley 07747038008  
 fran.crumley@lochlomond-trossachs.org Registered Scottish Charity No: SC043266 Company Limited by Guarantee : 422457



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Date	Meeting Place	Route
07/12/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Red Bridge Walk Car-share to Buchanan Golf Course
14/12/17 10.20am	Drymen Village Square, outside The Winnock Hotel	NCR7 Car-share to Croftamie
14/12/17 12.00pm	The Drymen Inn 12.00pm	Christmas Lunch
21/12/17 28/12/17 04/01/18	<b>CHRISTMAS &amp; NEW YEAR BREAK NO WALK</b>	<b>CHRISTMAS &amp; NEW YEAR BREAK NO WALK</b>
11/01/18 10.20am	Drymen Village Square, outside The Winnock Hotel	High Mains Walk Car-share to Buchanan Golf Course

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