

We Walk to Feel Fitter



Callander

Date	Meeting at 10.20 Tuesdays	All Routes: Walk from 20min – 1hour	
5/12/17	Ancaster Square	NCR7 towards Kilmahog	
12/12/17	Ancaster Square (car share)	Doone Ponds New Route Christmas Lunch in The Old Bank from 12 Noon. Please pre-order your food.	
Winter Break			
9/1/18	Ancaster Square	Bridgend and Meadows	
16/1/18	Ancaster Square	Golf Club Walk	
23/1/18	Ancaster Square	Tulipan and Meadows	
30/1/18	Ancaster Square	Keltie Bridge	

No need to book, just turn up | social time after the walk in a café (optional)

For more information contact: Walk in the Park Project Coordinator

Cathy Scott: cathy.scott@lochlomond-trossachs.org tel. 01877 330055



Walk in the Park welcomes people living with dementia and their carers onto our walks. Routes identified with this logo are suitable for most abilities.

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