



We Walk to feel fitter
 Come and join us on **Thursday Mornings**
 Walk in the Park **Drymen & Croftamie**

Date	Meeting Place	Route
06/07/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Buchanan Home Farm
13/07/17 10.20am	Drymen Village Square, outside The Winnock Hotel	National Cycle Route 7 Car-share to Croftamie
20/07/17 10.20am	Drymen Village Square, outside The Winnock Hotel	Gallowhill Wood & View Point
27/07/17 10.20am	Drymen Village Square, outside The Winnock Hotel	High Mains Walk Car-share to Buchanan Golf Club

In association with:
 For more information contact Lomond Coordinator Fran Crumley fran.crumley@lochlomond-trossachs.org Registered Scottish Charity No: SC043266 Company Limited by Guarantee : 422457



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